

More than me

Spiritual Practices

You turned my wailing
into dancing;
you removed my
sackcloth and clothed me
with joy,

Psalm 30:11

²⁴ Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. ²⁵ Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last for ever.

²⁶ Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. ²⁷ No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

1 Corinthians 9:24-27

Above all else, guard your
heart,
for everything you do
flows from it.

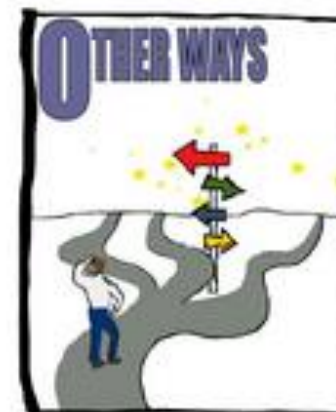
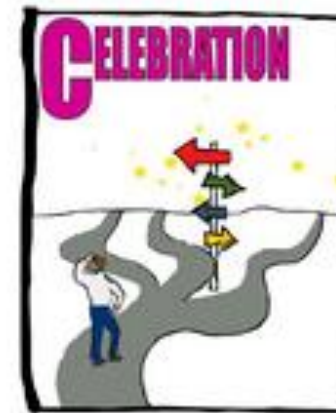
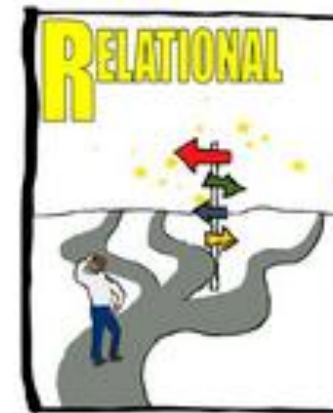
Proverbs 4:23

What are the Spiritual Practices that help you deepen your relationship with God?

Balanced approach

Balanced approach
Account of personality

Action
Relational
Celebration
Contemplative
Creation
Serving
Word
Other Ways



Balanced approach

Account of personality

Season of life

Balanced approach

Account of personality

Season of life

Need of the hour



Balanced approach

Account of personality

Season of life

Need of the hour

Ready to work hard